

Eagle Lake Middle School supplies

Listed are the supplies needed by the Eagle Lake Middle School students at the opening of the 1997-98 term. Additional supplies may be requested by teachers as needed through the school year.

Fourth grade: 2 boxes Kleenex, five sheets white posterboard, #2 pencils, red pen, scissors, bottle white glue, pkg. regular ruled notebook paper, two-70 sheet spirals (regular ruled), ruler, box of

map colors, box of 24 crayons, notebook with dividers, Zip Lock baggies-sandwich, dry erase markers (any color), washable colors, blue or black ink pens (crayons, scissors, glue, map colors, red pen and rulers will be taken up and used as class sets).

Fifth grade: 2 boxes Kleenex, five sheets white posterboard, #2 pencils, red pen, blue or black pen, yellow highlighter, scissors, large

bottle white glue, 6 folders with brads & pockets (red, green, blue, yellow, orange, purple), pkg. regular ruled notebook paper, two 70-sheet spirals (regular ruled), ruler, box of 8 or 12 map colors, box of 24 crayons and/or box of 8 washable markers (markers, crayons, highlighters, scissors, glue, map colors, red pen and rulers will be taken up and used as class sets).

No binders or backpacks al-

lowed: 5th grade students will have a set of textbooks to leave at home.

Sixth-eighth grades: One 3-ring binder with dividers for use in all subjects; recommend MEAD 5-star zipper binder.

Students 6-8 grades will not be allowed to bring backpacks to school.

Supplies: box Kleenex, 2 blue or black pens, 2-#2 pencils, wide ruled notebook paper, one white posterboard, spiral notebook for journals, pocket folder with brads, red pen, 3.5" computer diskette (may purchase from school).

***6th grade only:** 12 inch ruler, box of 16 crayons, pkg. of fluore-

cent index cards.

***7th grade only:** small glue stick, Fiskar scissors, set of map colors.

***8th grade only:** pkg. white index cards, set of colored markers, pkg. 10 manilla file folders.

*These items will be taken up and used as class sets.

Donations for the following items would be greatly appreciated: leftover wallpaper or wrapping paper, rinsed cans w/lids (any size), leftover yarn/string, newspapers, shoe boxes, wire hangers, cereal boxes, Kleenex boxes, assorted colors of Marks-a-lot markers or Sharpie markers.

St. Mary's School, Nada, lists of supplies

First & second grades: writing tablet (grade 1&2: Mead-McDougal Littell Handwriting Tablet #48512, two #2 pencils, box of 24 crayons, plain eraser, metric ruler, pointed tip scissors, school glue or glue stick or roll-on, one box of Kleenex, school or cigar box, red grading pen (2nd grade only), 2 red grading pencils (1st grade only), 2 spiral notebooks (2nd grade only/70 sheets wide ruled), folder with pockets (1&2), 2 pkgs. 4x6 index cards (1&2), one plastic crate or basket for books, 1 small pkg. notebook paper, wide ruled.

Third & fourth grades: wide ruled notebook paper, #2 pencils, crayons, eraser, pointed tip scissors, school glue, one box Kleenex, school or cigar box, pens med. fine point - black ink (4th grade only) ink eraser, correction fluid pen, metric ruler, 2 red pens, 1-1/2 inch ring binder & 7 index dividers w/colored tabs, compass, protractor, clear Scotch tape, narrow tip yellow highlighter, yellow basic spiral notebook 120-pg. labeled Spelling, black spiral notebook 120-pg. labeled Math, green basic spiral notebook 120-pg. labeled Science, dark blue neat notebook 132-pg. labeled Social Studies, teal neat notebook 132-pg. labeled English, red neat notebook 132-

pg. labeled Reading, lt. blue neat notebook 132-pg. labeled Religion, purple plastic ring notebook w/6 manilla pocket included, black and white marble composition book, black spiral wide-rule (70 pages), pencil sharpener w/shavings catcher, map pencils 12 or 24 pkg., fine tip colored markers 12 or 24 pkg., metal or plastic index card file box (3x5), 1 pkg. of 10-3x5 blank index card dividers for file box, 3 pkgs. 100-count 3x5 ruled white index cards, 2 colored folders (3-brads & pockets), navy

blue or black plastic folder w/pockets, old shirt (cover up) for art work.

Fifth through eighth grades: one binder, wide-ruled notebook paper, scissors, protractor, crayons or markers, compass, eraser, 12 inch metric ruler, school glue, red grading pens, pens (black or blue), #2 pencils, 2 Mead neatbooks (wide-ruled), one box tissues, dividers (one set), 2 document protectors (plastic).

Mark all articles with your child's name.

Impetigo can mar new school year

One item parents can add to their children's back-to-school list is prevention of a common skin infection.

Impetigo is a contagious bacterial infection that, left untreated, can go deeper into the skin and cause complications. It is spread easily via skin-to-skin contact, especially in summer and early fall, said Dr. Moise L. Levy, a dermatologist at Baylor College of

Medicine in Houston.

Two bacteria can cause impetigo. Group A streptococcus causes small red spots with honey-colored crusting; staphylococcus causes small to large red blisters on the legs, face and trunk.

Children who may have impetigo should see a physician. Minor scrapes and skin cuts can contribute to the infection's spread. For this reason, small epidemics can occur in schools at the start of the school year.

A routine for doing homework is important

For young children, settling into a steady homework routine is a good lesson to learn. The early years are the best time for parents to lay the foundation for good study habits, said Dr. Florence Eddins, a child psychiatrist at Baylor College of Medicine in Houston.

Eddins recommends teaching by example.

"When it comes time to do homework, sit nearby with some work of your own," she said. "But

remember that a child's attention span is shorter; a child will need short breaks more frequently."

Some children need a play period before settling down. Eddins suggests experimenting to learn what works best for each individual child.

"If children have trouble establishing good routines, help them set limits for completion," Eddins said. "You will gradually find what works best."

Parents: get ready

Children aren't the only ones who should gear up for a new school year.

"Parenting is tough as a new school year begins," said Dr. James Bray of Baylor College of Med-

icine in Houston.

Many parents don't set guidelines at home, so school rules may be difficult for children. By creating home rules, parents can help.

Bray recommends not overly pressuring children to achieve. Parents should respect individual strengths. Other suggestions are:

- Get involved in child's homework.
- Attend parent-teacher organization meeting and arranging private meeting with teachers to check on progress.
- Teach children social skills to help them get along in school.
- Praise for work well done.

ELPS supplies

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boxes of tissues, one box small zip bags.

Third grade: 6 filas con bolsillos, 1 libros de composicion (regular, con 70 paginas), 3 paquetes de papel, regular, (no libros de notas o trapper-keeper), lapices de #2, 1 goma, colores, tijeras (Fiskar), 1 botella de resistol y un tubo de resistol, 1 paquete de tarjetas 3x5 (cualquiera color), 1 caja de plastico, 2 cajas grandes de Kleenex, 1 caja de bolsas plasticas (pequenas Ziploc).

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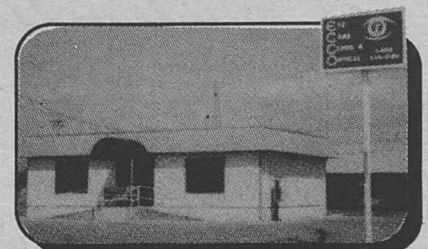
Diane L. Prather, OD, MPH

Leah Rother

Muriel Fuller (Not Pictured)

Maura Pappion, Optician
(Not Pictured)

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